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METRO FILE

B.C. ELECTION CHECKLIST: TRANSPORTATION

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Fundraiser for wildlife rescue centre

CHARITY

After taking in 5,000 animals in 2016 building now in disrepair



Wanyee Li
Metro | Vancouver

Volunteers at the Wildlife Rescue Association of B.C. in Burnaby are busy preparing for the spring rush where they take in hundreds of baby birds, but this year, they'll have to do it without the use of their animal hospital for the first time.

The 30-year old hospital building at Burnaby Lake did not fare well during the snowy winter months. By February, the structure was infested with rats that had found holes in the rotting wood, said Linda Bakker, programs director at the association.

"We tried to deal with the rodents by pest control, sweeping more often, being cleaner than we all normally are, but after a couple of months it was no longer a safe environment to work in and to keep the animals in."

Staff moved injured animals out of the building in late February, said Bakker. Crews tore

HOTLINE

People who find injured or orphaned animals can call the wildlife helpline at 604.526.7275.



A Wildlife Rescue Association of B.C. worker feeds an orphaned baby Rufous hummingbird. BOTH IMAGES WANYEE LI/METRO

open the walls of the animal hospital and found dozens of pathways rats had been using all winter to stay warm. The building sits empty now, and staff are refitting small buildings and sheds on the property to house injured animals.

The non-profit is working to raise \$50,000 by May 1 to cover the costs of repairing the hospital. It has received almost \$13,000 so far.

But the wildlife rescue is still accepting injured and orphaned animals. It is currently treating

two dozen wild birds, including three baby hummingbirds and 21 ducklings. Baby birds require around-the-clock care and there are at least 10 volunteers at the centre every day, according to Bakker.

Any remaining money from this spring's fundraising campaign will go toward animal care. The costs add up

quickly, she said.

"For instance, the ducklings, their food is quite expensive.

They eat a lot of lettuce. So we have to buy a lot of lettuce — romaine lettuce, to be exact."

Meanwhile, injured mammals, like raccoons, skunks, squirrels, and

bats are transferred to Critter Care in Langley. The non-profit



The ducklings, their food is quite expensive. They eat a lot of lettuce.

Linda Bakker



Over 5,000 injured and orphaned animals were treated by The Wildlife Rescue Association of B.C. in 2015.

is one of many in the rescue community that are stepping up to help the Wildlife Rescue Association of B.C. while their hospital is out of order.

It's a lot of added work for the network, said Bakker.

The Wildlife Rescue Association of B.C. took in 5,000 animals in 2016. Staff could diagnose and perform surgery on many of them at the hospital.

"The hospital building is of course a very important part of our organization. It's where we do all the medical treatments

and diagnostics," she said.

"Right now, we don't have that option so animals that need medical treatment are transferred to other centres."

CORRECTION

There was a misprint in Metro's Welcome to Canada feature on Apr. 21, 2017 should have read YMCA. Metro regrets the error.

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Former film worker Mike Illing, a recently homeless Megaphone magazine vendor, died on the streets on Dec. 7, 2016.

COURTESY JESSICA HANNON/MEGAPHONE



'Really grim' spike in deaths on street

HEALTH AND SAFETY

Intoxication caused half of 70 fatalities in 2015: Report



David P. Ball
Metro | Vancouver

"It's really grim data to wade through," admitted Jessica Hannon.

As executive director of Megaphone — the charity behind a magazine and calendars providing money for low-income vendors — it was personal to hear the news that British Columbia saw a 40 per cent spike in deaths of homeless people in 2015.

"Each time I read through these numbers, each one is a person with a story and friends and family who loved them and are missing them," she said.

According to her non-profit organization's third annual report on death on B.C.'s streets, the Coroner's Service reported 70 people identified as homeless died in 2015 — the most recent year for which data was available. Of those, 34 people died of "poisoning" by drugs or alcohol, seven died by suicide and two were murdered.

The vast majority died prematurely, meaning before the

age of 70, Hannon said.

"More people died homeless in B.C. in 2015 than any previous year on record," she explained. "It's a really stark increase in the number who died on B.C.'s streets."

"Homelessness is deadly, and the overdose epidemic has only added a layer to how people who are homeless are more vulnerable and at greater risk."

While she and the Megaphone community have been struck by numerous losses in the past year, amid a stagger-

"He is a person who shouldn't have died," Hannon said. "When I think of my own sadness about Mike — and for everyone at Megaphone who had a personal connection or had friends who've died on the streets — every one of the 394 deaths since 2006 is someone who shouldn't have died."

Just three weeks after Illing's death, which the coroner is still investigating, Megaphone lost another vendor.

Mel Hennen, a poet and former president of the Vancouver Area Network of Drug Users, was found dead in his room at the Downtown Eastside's Jubilee Rooms on Dec. 26 of an apparent drug overdose.

Faced with a rising death toll, Megaphone is now urging the coroner to hold what's known as a "deaths review panel," similar to a public inquest but looking at multiple, related fatalities when there are similar factors. Hannon said that would help establish why, for example, the increase in deaths was disproportionately concentrated in

the Fraser Region (more than doubling between 2014 and 2015, to 30 deaths).

"We can't infer what regional solutions may be needed without that," she said. "But the best way to end homeless deaths is to end homelessness, and on the overdose epidemic, we need harm reduction and better support around addictions treatment."

The best way to end homeless deaths is to end homelessness.

Jessica Hannon

ing overdose crisis that took 922 lives last year alone in B.C., one of the most personal for Hannon was Mike Illing.

The 57-year-old former film-set worker was one of the magazine's long-time street vendors. On Dec. 7, he died during a near-zero cold snap near Commercial Drive, where he'd lived since losing his housing last summer.

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Leaders look to make mark on TV

BC Votes 2017

Debate follows earlier one on radio marked by acrimony

It's showtime in British Columbia's election campaign, with Wednesday's debate between the three party leaders offering a high-stakes chance to leave a mark on the campaign with about two weeks to the finish line.

The debate is one of the few opportunities the leaders have to directly challenge each other, all while under the intense glare of live TV cameras where body language counts as much as scoring verbal points.

It's a pressure-cooker audition in which solid performances and unscripted moments can inspire voters and shift campaigns.

Christy Clark's Liberals have mounted a largely stay-the-course campaign so far, highlighting their stewardship of



From left: John Horgan, Christy Clark and Andrew Weaver after the leaders' debate in Vancouver on April 20. THE CANADIAN PRESS

Canada's top-performing economy and posting five consecutive balanced budgets.

The New Democrats under John Horgan are trying to persuade voters that after 16 years of Liberal governments, British Columbia needs a change, running on the slogan that the NDP will run a government that's on the side of the little guy and not beholden to corporations and wealthy individual donors.

Green Leader Andrew Weaver said he plans to stick to the issues and stay away from the

acrimonious exchanges between Horgan and Clark that were featured in last week's radio debate.

"I'm looking forward to that clash," said Weaver, a climate scientist and university professor. "But I will not degrade the debate to the level of personal insults."

The radio debate might be remembered for a moment when Horgan asked Clark not to touch him after she put her hand on his arm and told him to calm down.

THE CANADIAN PRESS



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CMHA B.C. policy director Jonny Morris speaks during an election debate Monday in Victoria. The NDP's Carole James and Greens' Chris Maxwell did accept his invitation. COURTESY CMHA BC

Liberal missing at mental-health talk

BC Votes 2017
Association sought more info on party's many promises



David P. Ball
 Metro | Vancouver

The audience at an "all candidates" election debate on mental health and addiction missed one key viewpoint Monday night.

That's because, despite going to "great lengths" and extending "numerous" invitations, the Canadian Mental Health Association's B.C. branch said no southern Vancouver Island candidate was available to represent the B.C. Liberals at the Victoria event.

Instead, there was just an empty chair draped in red fabric. "Mental health and addictions is an issue that cuts across all parties and political stripes," said the association's B.C. policy director, Jonny Morris — who stressed that his organization is strictly non-partisan. "Unfortunately, due to scheduling, the B.C. Liberals were unable to send a candidate to our regional forum."

"It was unfortunate we weren't able to have a B.C. Liberal perspective represented there because they have quite a lot of content in their platform related to mental health and addictions, and this would have been an opportunity to hear a candidate speak to those promises in more detail."

No B.C. Liberals were made available for comment Tuesday, but a party spokesperson sent a statement listing the government's achievements on mental health and the opioid crisis. The audience was treated only to Opposition perspectives — from NDP candidate Carole James and the Greens' Chris Maxwell. They were, unsurprisingly, critical of the provincial government.

The NDP pledged to create an entirely new government ministry to deal with both mental health and addictions, which experts say are closely connected. And the Greens committed to increased addiction treatment, including opioid replacements and prescription heroin, and ramped-up mental-health services provincewide.

The B.C. Liberals, meanwhile, vowed in their platform "additional investments as quickly as possible so British Columbians have easy and effective access" to mental-health programs and treatment options — including \$165 million for youth as well as creating 250 new treatment beds by 2022.

SCOPE

The CMHA estimates the province has to spend \$6.6 billion every year responding to mental-health and addictions issues, and that 58,000 B.C. children — equivalent to nearly the entire population of New Westminster — aren't getting needed mental-health treatments.

The NDP pledged to create an entirely new government ministry to deal with both mental health and addictions, which experts say are closely connected. And the Greens committed to increased addiction treatment, including opioid replacements and prescription heroin, and ramped-up mental-health services provincewide.

The B.C. Liberals, meanwhile, vowed in their platform "additional investments as quickly as possible so British Columbians have easy and effective access" to mental-health programs and treatment options — including \$165 million for youth as well as creating 250 new treatment beds by 2022.

"We're very encouraged that we're at a point in time when mental health and addictions are featured across all the parties. Jonny Morris

BURNABY

New Democrats plan hospital

The New Democrats are promising to build a new hospital in Burnaby, with a price tag in the range of \$1.2 billion.

NDP Leader John Horgan says the money would come from a five-year, \$10-billion capital investment plan that is

part of the party's platform in the May 9 election campaign.

Horgan made the announcement Tuesday standing outside Burnaby Hospital.

A new hospital would include a family urgent-care centre, which Horgan says would

reduce pressure on the hospital's emergency room.

He says if the NDP is elected, work would start immediately to find a site for a new hospital by working with the city and the regional health authority.

THE CANADIAN PRESS

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Premier Christy Clark stacks lumber before speaking about U.S. import duties on Canadian softwood lumber in Maple Ridge on Tuesday. DARRYL DYCK/THE CANADIAN PRESS

Softwood lumber heats up campaign

BC Votes 2017

Donation rhetoric is a 'diversion', says professor



With a damaging softwood lumber dispute looming on the horizon, the campaigns of Christy Clark and John Horgan have each lobbied accusations of accepting donations from organizations that have in the past lobbied for U.S. lumber protectionism.

But the tactic is a "complete diversion" from an issue that could cause serious pain for British Columbia forestry companies and workers, said Harry Nelson, a professor with the University of British Columbia's forestry department.

President Donald Trump, who has targeted free-trade agreements like NAFTA he believes are unfair to American businesses, announced tariffs of up to 24 per cent on Canadian lumber earlier this week.

The issue has become a hot topic in B.C.'s election campaign, with the BC NDP charging that the BC Liberals have accepted donations from "lumber barons" (U.S.-based forestry company Weyerhaeuser, which has operations in British

Columbia). The Liberals fired back that the Steelworkers, a large union with members in both U.S. and Canada, have paid the salaries of several BC NDP staffers.

In the "I know you are but what am I?" dynamic that's emerged in the hard-fought campaign, the campaigns each pointed out that Weyerhaeuser and the American wing of Steelworkers supported U.S. duties on Canadian lumber during past trade disputes over softwood lumber.



This is going to be devastating for some companies.

Ken Kalesnikoff

Provincial politics are a factor in the negotiations, Nelson acknowledged, but the political concerns that matter as Canada heads to the negotiating table have more to do with the differing interests between B.C.'s Coastal and Interior forestry sectors, or the large corporations that ship nothing but lumber versus smaller, value-added businesses.

"We've got a few larger companies that have become much more important than they have in the past in terms of harvesting and manufacturing rights," Nelson said.

While larger B.C. firms like Canfor have diversified in re-

cent years and now hold timber and sawmills in the southern United States, smaller businesses that make value-added products like shingles, paneling, doors and windows are hoping they won't be lost in the shuffle as Canada prepares to negotiate.

Kalesnikoff Lumber, in the Kootenays, is one of those smaller companies. Businesses like Kalesnikoff are now facing a 9.88 per cent tariff that could also be retroactively applied for three months under a clause of the softwood lumber agreement the United States has unexpectedly attempted to invoke.

While Kalesnikoff Lumber ships just 25 per cent of its products to the United States, there are other businesses that depend on the American market for nearly 100 per cent of sales.

"This is going to be devastating for some companies," said owner Ken Kalesnikoff. He would prefer the BC Liberals win the election because of their previous track record on the softwood lumber and forestry file.

"This is where we're going to have these bigger questions about principles of free trade, and I do get concerned that the U.S. is very astute at knowing internal politics and playing a divide-and-conquer approach," Nelson said. "We may be entering some very fraught negotiations not only externally but internally."

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A SkyTrain pulls into Renfrew Station on the Millennium Line on Feb. 7. JEFF HODSON/METRO FILE

How will parties tackle congestion?

BC votes 2017

Transit, road improvements are hot issues



Jen St. Denis
Metro | Vancouver

How long does it take you to get to work? How much does it cost? Have you moved farther away from work to find housing you can afford — but now face a longer commute? Has it gotten any easier or faster to get around Metro Vancouver over the past decade?

If you live along the new Evergreen Line or the Canada Line, the answer might be yes. If you live on the North Shore or in Surrey, or if your route includes crossing the aging Pattullo Bridge, the answer is

probably no.

It's been a political hot potato in Metro Vancouver for decades: how to best tackle congestion in the region, and more contentiously, how to pay for it. The BC Liberals, who have been in power for 15 years, have okayed three mega-bridges and two rapid transit line extensions (the Canada Line and Evergreen Line).

But the region's mayors have butted heads with the BC Liberals for years around how to pay for the full suite of transit and road improvements they say is needed to serve the region as it grows — and prevent total gridlock.

When a 2014 plebiscite on a 0.5 per cent regional sales tax failed, the mayors' \$7.5 billion transit expansion plan stalled. But there is now new federal money on the table, which the B.C. government recently agreed to match. Here's where the parties stand on tackling congestion in Metro Vancouver.

BC LIBERALS

STRONG BC BRIGHT FUTURE

Today's BC Liberals

- Promised to introduce legislation to allow rideshare companies like Uber to operate by December 2017

- Will cap tolls for Port Mann and Golden Ears bridges at \$500 a year

- Will increase their share of a plan to expand transit in Metro Vancouver to match \$2.2 billion in federal funding to start building an LRT in Surrey and a subway along a portion of Vancouver's

Broadway Corridor

- Continue to build a \$3 billion bridge to replace the Massey Tunnel

- Increase transit on the Sea-to-Sky highway and investigate options for rapid transit on that route

- Requirement to hold a plebiscite before Metro Vancouver municipalities can levy any new tax or fee remains in place

BC NDP

BC NDP

- Promised to roll back ferry fares on small routes by 15 per cent, freeze fares on major routes, and return the 100% seniors' weekday discount

- Will eliminate tolls from the Port Mann and Golden Ears bridges

- A commitment to provide one-third of the funding for the entire Mayors' Council \$7.5 billion transit expansion plan, including \$2.2 billion to start building LRT in

Surrey and subway along Vancouver's Broadway corridor, \$360 million for new Skytrain cars, a third of the \$100 million cost to replace the Pattullo Bridge and expansion of HandyDART and bus service

- Will not require a plebiscite on any future new municipal fee or tax to fund transit

- Will allow ridesharing at some point, but rules and regulations will be the same as for taxis

BC GREENS

greens OF BRITISH COLUMBIA

- Allow ridesharing companies to operate in B.C.

- Would introduce mobility pricing, a comprehensive tolling system that charges drivers to use major roads and is often based on distance travelled

- Allocate \$25 million a year for transit improvements across B.C. and top up provincial funding by \$152 million to match \$460 million in federal funding for public

transit capital projects

- Restructure BC Ferries to make it once again a Crown corporation, rather than the independent company it is today. Following years of contentious fare hikes and service cuts, the Greens are also promising to review BC Ferries operations



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Trudeau outed as a cupping practitioner

HEALTH

Evidence shows effectiveness of method is still unclear

Next time the prime minister pops his shirt off, don't be alarmed if his body is peppered with circular bruises. He's just been subjecting his skin to an ancient suction treatment with questionable efficacy that's hot with the alternative medicine crowd.

Justin Trudeau, it turns out, is into "cupping."

Canada's PM was outed as a practitioner this week after the tell-tale markings of the treatment were spotted on his arm during an interview with a CBS Sports journalist.

Cameron Ahmad, a spokesperson for the prime minister, confirmed to Torstar News Service that, yes, Trudeau cups.



Evidence of cupping therapy can be seen on Justin Trudeau's left forearm during an interview on April 18. TORSTAR NEWS SERVICE

But he wouldn't say why or for how long.

Alongside references to cupping celebs like Brad Pitt, Jennifer Aniston and American Olympian Michael Phelps, the Internet tells us that the practice dates back to Chinese an-

tiquity and has been used for millennia. It's also said to have been prevalent in ancient Egypt and Greece, where it was meant to remove "excessive blood," according to a 2008 article in the Journal of Alternative and Complementary Medicine.

Nowadays, cupping is associated mostly with pain relief, though it's also linked with a range of ailments. Got shingles? Try cupping. Maybe your face is paralyzed. Cupping could help. And then there's acne, worn-out neck discs and back pain. All three are said to be alleviated by cupping, according to a survey of cupping research from 2012 in the journal, PLoS One.

In the realm of hard evidence, it's not clear that cupping is effective. The review in PLoS One looked at 135 studies between 1992 and 2010 and concluded that cupping has "potential," but more studies are needed to be sure.

Brent Bauer, a doctor with the Mayo Clinic, wrote online that there aren't any definitive studies on cupping because it's difficult to fashion a "sham" version of the treatment to make people think they're receiving it during a blind study.

TORSTAR NEWS SERVICE

ABUSE

Fentanyl 'an epidemic within an epidemic'

Canada is in the midst of an epidemic of opioid use and abuse — involving both prescription and illicit forms of the potent narcotics — that shows no signs of abating and has led to an explosion of fatal overdoses.

Canadians remain the second highest per-capita consumers of opioids in the world, after Americans. But while U.S. use is beginning to decline, Canada's numbers keep rising, according to the International Narcotic Control Board.

"We doubt very much that it has to do with Canadians being different, having more pain than people elsewhere in the world. We think it probably has to do with how we've been programmed to prescribe," says Dr. Jamie Meuser, executive director of professional development and practice for the College of Family Physicians of Canada.

"There's virtually no doubt that prescribing in Canada has resulted in more opioid medications being on the street."

Dr. David Juurlink, head of clinical pharmacology and toxicology at Sunnybrook Health Sciences Centre, calls the fentanyl crisis "an epidemic within an epidemic."



Dr. David Juurlink TORSTAR

epidemic."

"The fentanyl epidemic is a response to the generation and enormous market for opioids that has always existed but was never as large as it currently is," he says. "When the demand is so high and there's so much money to be made, when you try to restrain the supply side - you reformulate OxyContin into a tamper-resistant product, you close down pill mills and you abruptly reduce opioid prescribing - people will need something."

"And to avoid withdrawal, they'll turn to whatever they can get their hands on."

THE CANADIAN PRESS

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metro



Sandra Legacy was diagnosed with PTSD after the Fort McMurray fire and now wants the city to know how common conditions like hers are. JENNIFER FRIESEN/FOR METRO

Parents concerned about kids' health

When four-year-old Abby plays with her little brother Zander they have to be careful not to be too rough — that's when the coughing starts.

"If she just plays a little bit or gets overheated, she's just coughing all the time," says her mother, Melisa Leblanc, as she keeps a close eye on her two youngest playing in the living room of their Fort McMurray home.

Ever since the family moved back to the city after the fire, Abby has been hit with a laundry list of illnesses her mom ticks off on her fingers: pneumonia, tonsillitis, strep, ear infections.

While she'd been sick before, it wasn't like this, Leblanc said. Alberta Health Services says the province monitors health concerns and has not seen in any spikes in respiratory complaints.

But Leblanc says she's one of a number of Fort McMurray parents who worry about a lack of clarity around which buildings have been cleaned of fire damage, and how thoroughly, and what that means for the health of their kids.

But Dr. Mayank Singal, a zone medical officer of health for AHS, said the number of incidents and complaints of things like respiratory illnesses are closely tracked — and he hasn't seen an increase.

Still, Dr. Ghassan Al-Naami, a paediatrician who worked in Fort McMurray before moving to Edmonton in January, said he "definitely" saw more kids with respiratory issues after the fire and says more study is needed.

As she inventories her daughter's medications and inhalers on the kitchen counter, Leblanc said she's not yet convinced that her kids are living in a clean environment.

"We wanted to come back too," she said of the choice she and her husband made to come back after the fire. "I don't know if I made the right decision at the end of the day." ALEX BOYD/METRO

"You really do feel like you are so isolated even though there are potentially thousands of people feeling like this."

Sandra Legacy

'It's been a hard year'

As Fort McMurray residents struggle to rebuild, the mental health strain starts to emerge



Alex Boyd
Metro | Edmonton

It starts when she can no longer take a breath, followed by a stabbing pain in the left side of her chest — symptoms "so similar" to a heart attack, Sandra Legacy says.

"It has to be one of the scariest things that a human being can feel," she says of the anxiety attacks that have come more often lately — and hit hard. "Because you feel like you're dying."

Legacy has fought anxiety for years, and won. But then came the hot, windy Tuesday afternoon last May, a day that started with the usual eight-minute drive to work and ended with

the flight for her life.

Thanks to the security system installed in her Abasand home she knows her house started to burn at exactly 4:16 p.m. She still hasn't deleted the alerts on her phone.

In the aftermath of the fire, Legacy was diagnosed with PTSD and depression. She still hasn't been able to go back to work.

"Sliding down that slippery slope into a very dark place, it's hard to control. Not wanting to get out of bed, not wanting to get dressed or showered," she says, sitting in the home she and her husband are renting while they rebuild. The tags still dangle from the couch she's sitting on, and boxes of appliances fill the dining area.

"It's been a really hard year,

it's been a struggle every single day."

She's not alone.

Dr. Emmanuel Osegbue, a family physician who's been practising in Fort McMurray for almost a decade, says demand for mental-health services among his patients is up by about 25 per cent.

Many people are still dealing with the trauma of fleeing just ahead of an out-of-control fire, he says. Now, a year later, he's starting to see people who tried to stay strong, and are now having the symptoms of depression and anxiety catch up with them.

"Even kids, they're taken back when they reflect on the events of that day," he says. "I see kids that are now having mood swings more than before."

He argues that the loss of property was especially tough for residents of Fort McMurray, given the demands of working in the oilsands. With 4 a.m. wake-up calls and long days working heavy equipment, coming home is "the thing that gives them joy everyday," he says.

"And now it's gone, in just a few hours. That's very traumatic."

He worries that counsellors are themselves overwhelmed, so he isn't sure his patients always get the help they need.

For Legacy, the experience turned her into a crusader. She makes sure her neighbours know they're not alone, and to reach out for help if they need it.

"You really do feel like you are

so isolated even though there are potentially thousands of people feeling like this," she says. "You really do feel like you're the only one."

If there's a positive outcome, Legacy says it's that Fort McMurray — a town with a reputation for toughness — is now tackling mental illness head-on.

"Before, you never would have seen a Facebook group about anxiety or depression or a safe place to talk. Now there are, which I'm very happy about," she says.

"Out of every dark situation, some bright thing happens from it ... the negative stigma has really come off of mental illness in this town, because so many people have been introduced to it."

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World **metro** NEWS



A worker gets an order of planks ready for a client in Montreal. THE CANADIAN PRESS

Softwood lumber casualties ahead

TRADE WAR

Ottawa admits U.S. move will mean jobs lost, promises action

The federal government is reaching out to reassure forestry workers, lumber producers and others facing the impact from a fresh softwood trade war that it stands ready to help cushion what it suggests will be a heavy blow.

The U.S. is imposing significant duties of up to 24 per cent on lumber imports — the latest flare-up in Canada's escalating trade skirmish with President Donald Trump's administration.

Natural Resources Minister Jim Carr acknowledged Tuesday that job losses are likely in the offing, saying Employment and

Social Development Canada is standing by to provide essential services for anyone who is impacted.

Available ESDC supports include employment insurance, career counselling, retraining and provincial skills development programs, said Carr, noting Canada is no stranger to softwood disputes with the U.S., and has always prevailed in the past.

Trudeau, meanwhile, said earlier Tuesday that the Canada-U.S. relationship is bigger than any one trade irritant.

"We are tremendously interconnected in our economy with that of the United States, but it's not just a one-way relationship," Trudeau said during a visit to Kitchener, Ont. "There are millions of good U.S. jobs that depend on smooth flow of goods, services and people back and forth across our border."

THE CANADIAN PRESS

Dairy industry in Trump's sights

Fresh off slapping a duty on Canadian lumber, President Donald Trump is now making threats about dairy as the northern neighbour has suddenly, unexpectedly, become his No. 1 target for criticism lately on trade.

The president tweeted Tuesday: "Canada has made business for our dairy farmers in Wisconsin and other border states very difficult. We will not stand for this. Watch!"

That's what he wrote the morning after his government announced duties up to 24 per cent on Canadian lumber.

Lumber and dairy are long-standing irritants. In softwood lumber, the countries have a once-a-decade cycle of tariffs, trade litigation, and ultimately settlements. THE CANADIAN PRESS

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metro NEWS Business

13

Companies aim to be patriotic

HONEY

Products going all-Canadian in response to new preferences

The company that owns the Billy Bee and Doyon honey brands says it will start using only Canadian honey for both products in Canada this year.

McCormick & Co. says Billy Bee and Doyon products containing all-Canadian honey will start appearing on store shelves in June, while the Billy Bee organic variety will arrive before the end of the year.

Previously Billy Bee products contained at least 85 per cent of the sweetener sourced from Canadian beekeepers, something that has been a source of frustration for the country's honey industry as some beekeepers say they produce enough to negate the need for any

imports.

Andrew Foust, the company's general manager of Canadian operations, says Canadians have expressed a desire for made-in-Canada honey, and the shift is responding to consumer preference.

He said the shift won't come with a boost in price.

The company will also participate in the True Source Honey certification program, an industry-led effort to ensure the product is ethically and legally sourced. THE CANADIAN PRESS



BILLY BEE/THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 85

LAKE O'HARA, BRITISH COLUMBIA



A POSTCARD VIEW OF BEAUTIFUL LAKE O'HARA IN BRITISH COLUMBIA. IT IS MY FAVOURITE PLACE TO BE IN SUMMER AND ESPECIALLY IN SEPTEMBER WHEN THE LARCHES TURN A GOLDEN YELLOW. ENJOY HIKING AND CAMPING HERE, WHILE CAPTURING AMAZING VIEWS, SOME ANIMALS AND BIRDS, AND MOUNTAIN FLORA. FELICITY AND JOHN SEIDLE

SEND US YOUR POSTCARD

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at scene@metronews.ca or post to Instagram or Twitter with the hashtag #150postcards.

FOCUS ON FAMINE Update: Yemen

Donors pledge \$1.1 billion in aid

International donors have pledged \$1.1 billion for war-torn Yemen, the UN secretary-general said Tuesday, appealing to the fighting sides to grant access to humanitarian aid and revive diplomatic efforts to end a conflict that has killed over 10,000 civilians.

Antonio Guterres ended a daylong Yemen aid conference by hailing the "clear generosity and solidarity" of governments and civil society after two years of intensified conflict in the Arab world's poorest country.

The conference, co-sponsored by the United Nations, Switzerland and Sweden,

raised pledges for over half of the \$2.1 billion sought by the U.N. this year in an appeal that was only 15 per cent funded previously.

Aid groups want improved access to civilians, a halt to deadly airstrikes by a Saudi-led, U.S.-supported coalition that has been fighting Shiite rebels known as Houthis, and more respect for international law.

UN officials say the world's largest humanitarian crisis is in Yemen, where 17 million people are classified as food insecure, with seven million of those facing critical food shortages. THE ASSOCIATED PRESS



A girl carries water on the outskirts of the Yemeni port city of Hodeidah. GETTY IMAGES

metro VIEWS

Your essential daily news

Wednesday, April 26, 2017



JESSICA ALLEN ON LOVE IN THE TIME OF NETFLIX



From the gulf between German expressionism and Sex and the City 2 emerges Twin Peaks.

They say the leading cause of divorce, ahead of infidelity and financial issues, is "basic incompatibility."

Like not agreeing on what to watch on television.

For 12 years, my partner Simon and I have weathered this storm pretty well. There are TV series, like *The Sopranos* and *Deadwood* that we are always happy to revisit. There are new offerings, like *Big Little Lies*, and new seasons of familiar shows, like *Girls* and *Broad City*, to catch up on. And when in doubt, there's a list on the fridge of the top 100 films of the 21st century to go through. (We still have 39 to see.)

But recently, a tempest has been brewing. Last autumn, the shop Simon managed for more than a decade closed and, for the time being, he has comfortably settled into the role of homemaker. I come home from a hard day at work to the smell of a home-cooked meal, a clean house, the laundry folded, and am greeted with a cocktail. It's like *Mad Men*, only I'm Don Draper and he is Betty. And Betty is being a real pain in my neck. Because his days are filled with domesticity, in the evenings he doesn't want to revisit *Mad Men*, a recent suggestion of mine. "Mad Men is really nothing more than John Hamm's face and period detail," he said. "And if I'm watching a period piece it's got to be set in Edwardian England, for the outfits."

He wants to watch things

One night we attempted to solve our indecision by watching different things in the same room.



LYNCHIAN LOVE Will film and television auteur David Lynch save Jessica Allen's relationship with his *Twin Peaks* revival? *AP*

that might challenge and teach him something, because the idea of wasting time right now gives him huge amounts of anxiety.

Because my days are filled with trying to stay culturally and politically current, offering up opinions on everything from corporal punishment in American high schools to whether butter should be kept on the counter or in the fridge, I want to watch mind-numbing things; things I've seen a hundred times. It brings me great comfort knowing exactly what I'm in for when I turn on a Merchant Ivory film, like *Howards End* (a great ride!). The paradox is it's my job to stay current. And while there's a chance that watching YouTube clips of *The Dick Cavett Show* might help inform and illuminate a contemporary issue or idea, I suspect I could be doing more.

One night we attempted to solve our indecision by watching different things in the same room: he watched a World War II documentary on the TV and I watched *The Mindy Project* on my com-

puter with headphones. But it was too sad. Part of the joy of watching something together is sharing in the experience, and then talking about it after.

So on Sunday morning when I saw an ad for the new *Twin Peaks* coming out May 21, it was like a port in the storm. Here, I thought, is something that we will both want to watch. Only Simon wasn't interested: he doesn't want to risk tarnishing the original. He still hasn't gotten over the *Gilmore Girls* redux.

He wants to watch things that will better his brain, like a four-hour Andy Warhol documentary. He also discovered that a good chunk of the Criterion collection is available online, for free, with a library card. "What about some Fassbinder?" he asked, scrolling through the catalogue while dinner got cold.

"Oh I love him!" I said. "Is *Prometheus* on there? Or *Jane Eyre*? I've seen them both but I'll watch them again."

"Not Michael Fassbinder. Rainer Werner Fassbinder, the German director."

Let me tell you, Effi Briest

is no *Sex and the City 2*.

"It's the golden age of television!" I argued. "Can't we watch something normal?"

"I think the most exciting thing on TV is Matthew McConaughey in the Lincoln commercials," he said.

Simon changed his mind about *Twin Peaks*, but only after reading a David Lynch quote that it should be thought of as an 18-hour feature film. And at least I know what we will be watching tonight. April 26 is both Channing Tatum and Marcus Aurelius' birthday. So *Magic Mike*, our modern-day *Meditations* on the economic disparity in America, it is — with no argument from Simon.

"I cannot explain why I will gladly re-watch either *Magic Mike* movie," he said. "If you have to ask, you probably won't ever understand."

I didn't understand. But I didn't need to ask; when life sends you a pony, you get on it and ride.

Jessica Allen is the digital correspondent on CTV's *The Social*.

VICKY MOCHAMA

Trudeau tone deaf on plea for pot charge amnesty

Justin Trudeau's relatability is wearing thin.

During an interview at Vice Media's Toronto office, he was asked by Malik, a young black man: "How am I going to become the next prime minister if I can't get a decent job because of (drug) charges?"

The current prime minister responded with an anecdote about his younger brother Michel being charged with pot possession and his dad (you may have heard of him: French guy, pirouettes, led the nation) using his connections to make the charge "go away."

"We were able to do that because we had resources, my dad had a couple connections, and we were confident that my little brother wasn't going to be saddled with a criminal record for life," Trudeau said.

The anecdote isn't new. He mentioned it while campaigning, and it is in his memoir. He uses it to underscore how access and wealth worked for his family in a way that it doesn't for black and Indigenous people in Canada.

What was new is that it lacked in his trademark (if occasionally cringe-worthy) empathy. Asked how the government's legalization plan would help someone who was young, black and scared, the prime minister told a story about being white and incredibly privileged.

This is in step with the

tenor of the legislation itself. The government is not promising anything to those people who've found themselves on the wrong end of the War on Drugs. Though Trudeau did say he would "start a process" to "try and look" at how to make things fairer once the law is in place.

This legislation is being framed as an opening gambit in a more compassionate legalization plan. But only after the current legislation and negotiations have been worked out will there be any discussion of moratoriums, pardons or amnesties.

The new laws won't be in place until summer 2018. After that, the run-up to the next election will likely derail criminal justice reform.

No politician interested in keeping his motorcade would go into an election promising to let drug users off.

In 2019, the young people who campaigned for and elected this government are going to be asking what happened and they deserve the truth.

Being honest, the prime minister should have just answered as I would have: There's no law against stoners becoming prime minister. In fact, having smoked pot while serving as a member of Parliament, I'd like to think I have paved the way.

No one, I would say to young Malik, is too high for the highest office.

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FOOD

Canadians are churning out much fancier fat options

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The U.S. president is not exactly over the moon about the Canadian dairy industry's system of price controls, production quotas and limited imports.

He has called Canada's rules a "complete and total disaster" and promised "very big changes" to the two countries' trading relationship.

For Canadian farmers trying to shield their industry from global market forces — not to mention those American, Australian and New Zealand milk producers who want to compete — this is a life-and-death issue. They have families to feed.

But consumers have mouths to feed too, preferably with premium butter. And this spat could have big implications for butter lovers.

Canadian butter, though tasty — it's butter, after all — is a commodity product. Nearly all of it is exactly 80 per cent fat, the mandated minimum, and it's made from cream that farmers pool together (there's a separate pool for organic dairy).

Bumping up the fat content just a little — to 82 or 84 per cent — elevates ho-hum butter into something luxurious. High-fat European butters contain significantly less water, resulting in flaky pastries, rich sauces and the most tasty toast.

But butter imports to Canada are capped at just over three



Bumping up the fat content in butter by just a little — to 84 per cent from the standard 80 — elevates ho-hum butter into something luxurious. Europeans know this...and now Canadians have caught on, too. ISTOCK

tonnes per year. The fancy European butters available at a few farmers' markets and specialty stores are subject to high tariffs and, as a result, they're eye-wateringly expensive.

A few Canadian companies have stepped in to meet the

demand for specialty butters — organic, grass fed and, yes, even a few with that magical extra fat.

If you struggle to find high-fat butter at your local market (and there's a good chance that you won't be able to), "cultured"

"European-style" butter is the next best thing.

The bacteria added to the cream before it's churned lend a tangy taste and a more "buttery" butter flavour.

You won't miss the extra fat. Much.

3

Butter imports to Canada are currently capped at a little over three tonnes per year.

EURO STYLE

Churn84 European-style salted butter

An ultra-rich spread from Eastern Ontario's Stirling Creamery (84 per cent fat)



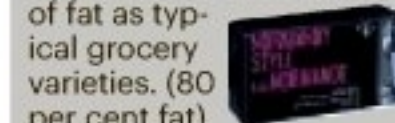
COWS creamery butter

This Prince Edward Island creamery makes its European-style butter in unsalted, sea-salted, and cultured versions. (84 per cent fat)



PC Black label Normandy-style butter

This highly findable butter from Loblaw's is an old standby as premium products go. It has a tangy taste but the same amount of fat as typical grocery varieties. (80 per cent fat)



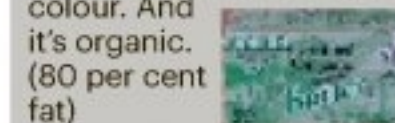
Riviera Petit Pot-Salted Butter

This Quebec creation contains crunchy flakes of sea salt and comes in a fun reusable container. (80 per cent fat)



Avalon certified organic butter

Avalon Dairy is a B.C. favourite with a nice yellow colour. And it's organic. (80 per cent fat)



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KETCHUP NUMBERS

5K

A family-owned manufacturing building in North York will start churning out 5,000 litres of French's ketchup every hour, starting next month.

250

The facility will squeeze out about 250 bottles every minute.

90

More than 90 per cent of the ingredients will be Canadian-sourced.

133K

The launch of French's locally-made ketchup follows last year's social media firestorm, sparked by a Facebook post that was shared 133,500 times criticizing the relocation of a Heinz plant from Ontario to the U.S. TORSTAR

**ROSE REISMAN THE SAVVY EATER****THIS WEEK:** Breakfast sandwiches

Your morning breakfast sandwich may be weighing you down!

PICK THIS**Tim Hortons Egg and Cheese Breakfast Sandwich on English Muffin**

Calories 271
Fat 11g
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Sodium 567mg

**SKIP THIS****Tim Hortons Sausage Breakfast Sandwich on a Biscuit item**

Calories 500
Fat 33g
Saturated Fat 16g
Sodium 1030mg

**HERE'S WHY****Equivalent in salt to EIGHT regular-sized orders of fries from New York Fries.**

A breakfast sandwich is a favourite choice for morning fuel on the go. While you may think it won't make that big of a difference by choosing the sausage and home-style biscuit, it doubles the calories and sodium, and adds two-thirds more of the fat. In fact, the biscuit alone has almost four times the sodium than an English muffin! The biscuit contains hydrogenated vegetable oil, including palm oil, which dramatically increases the fat and saturated fat. The English muffin has almost no fat, and eliminating the processed meat makes a world of difference.

Gossip DIGEST**TV Grey's Anatomy star files for divorce**

Grey's Anatomy star Jesse Williams has filed for divorce from wife Aryn Drake-Lee Williams after over four years of marriage, citing irreconcilable differences.

The 36-year-old Williams is asking for joint custody of the couple's two young children. THE ASSOCIATED PRESS



The crash sent the tractor into a ditch on one side of the road and Soules' truck into a ditch on the other side, the patrol said. The tractor driver was taken to a hospital, where he was pronounced dead. Authorities didn't release the identity of the 911 caller. THE ASSOCIATED PRESS

EDUCATION Beyonce to fund scholarships for black women

Beyonce is marking the anniversary of her album Lemonade by announcing scholarships for black women to attend selected colleges.

Her Formation Scholars Award will go to a single black woman student at four schools. The announcement says the scholarships are aimed at encouraging and supporting women "who are unafraid to think outside the box and are bold, creative conscious and confident."

THE ASSOCIATED PRESS**DRIVING OFFENCE Ex-Bachelor star jailed after deadly Iowa crash**

Chris Soules, an Iowa farmer who starred on The Bachelor two years ago, was arrested Tuesday on a charge of causing a deadly accident and leaving the scene.

Soules was behind the wheel of a pickup truck that rear-ended a tractor in northern Iowa on Monday night, the Iowa State Patrol said.

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JOHANNA SCHNELLER WHAT I'M WATCHING

Hockey Wives isn't usual reality nonsense

THE SHOW: *Hockey Wives* S3 E1 (W)

THE MOMENT: "You stink"

Maripier Morin, a gorgeous Quebec TV personality, is engaged to free agent (and not happy about it) Brandon Prust. Her career is on the rise while his is stalled.

He hosts a charity golf tournament, where he instructs her to serve drinks. Flirtatiously, she collects bets that she'll dive

into the golf course pond at the end of the day.

Prust is not amused. "You are not going in that water," he declares. "If you do, you're not welcome at my dinner after."

But at day's end, she puts on a bathing suit and dives in. The golfers clap. Climbing out, she moves to kiss Prust. He backs away. "You stink," he says.

I'd never seen this series before and was pleasantly sur-

prised that it's not the usual anti-woman reality show nonsense. It acknowledges these women get a lot from hockey, but it's hard on them, too.

One talks openly about her fertility issues. Another admits she didn't tell her husband she'd miscarried, because "he was in the playoffs and I didn't want to bother him with anything."

We see women trying to raise young families with husbands

on the road and how friendships are torn apart when players get traded.

Expect the flashiest drama from Morin/Prust, where hockey is a mere backdrop for questions of equality.

"Tonight is about me, not him," Morin says when Prust begrudges her for hosting a splashy event attended by Justin Trudeau. "Tomorrow morning it's going to be all about him again."



Maripier Morin and Brandon Prust show ups and downs of their relationship in *Hockey Wives*. INSTAGRAM/MARIPIEREMORIN

Lena Dunham to tour Lenny show



"Girls" stars Jenni Konner and Lena Dunham are bringing their Lenny Letter, to women across the U.S. GETTY IMAGES

Now HBO's *Girls* has wrapped its six-year run, the women behind the series are focusing on their other female-centred project: turning their digital newsletter, Lenny, into a real-life experience.

Lena Dunham and Jenni Konner are bringing LennyLetter.com to life as a variety show. The co-founders of the digital newsletter announced Tuesday that they'll take the Lenny: America IRL tour to six cities.

Dunham said she was inspired to create opportunities for women to gather and share ideas after the contentious presidential election.

"We really wanted to try to be a part of, in our own small way, healing the very big divide that exists in our country right now," Dunham said. "We're trying to look beyond the coastal states and really think about connecting to women, to people, in the middle of the country."

The tour, which will feature music, comedy and spoken-word performances, includes stops in Chicago, Milwaukee, St. Paul, Minnesota; Des Moines, Iowa; and Lexington, Kentucky. Tickets go on sale Friday.

"It's political, but we're also trying to bring up issues that you can't really argue with," Dunham said. "For example, a portion of our proceeds are going toward arts education organizations for girls in every city. People have a lot of really

split opinions on social politics, but you basically have to be a moustache-twirling villain to have a problem with girls receiving arts education."

Konner said the show's content will be more general than the specific feminist tone of the biweekly Lenny Letter. Performers will include Saturday Night Live star Sasheer Zamata, poet Jenny Zhang and comics Charla Lauriston and Morgan Murphy.

The pair want the show to be "a great place for people to come and really enjoy themselves."

Beyond the America IRL tour, Konner and Dunham are also broadening Lenny into a documentary series for HBO and a Lenny book imprint.

"It's all about trying to expand the way that women can have access to information that cracks their brains open," Dunham said. "Jenni's and my entire ethos is really built around relationships between women."

The Lenny expansions are giving the "Girls" alums a new place to put their energies after wrapping the groundbreaking, controversial series last week.

"It's been a very strange week. I'm not going to lie to you," Konner said. "But it's really nice after all these years of, you know, being pretty divisive, that the general consensus has been pretty positive, and that's made us feel really good."

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Acadia better in smaller packages



REVIEW

GMC Acadia enters the mid-sized crossover segment



Of all the new crossovers to hit the market in the last year, none has undergone more drastic changes than the 2017 GMC Acadia. Like its fraternal twins, the Buick Enclave and Chevrolet Traverse, the Acadia was always a bit of a bloated and awkward entry in the market. All that changes for 2017, with the Acadia downsized significantly to slot neatly into the mid-size segment.

This new Acadia offers very little that ties it to its predecessor. Measuring 4.9 metres from tip to tail, it's noticeably smaller than its competitors. The biggest return on the Acadia's downsizing is at the scales, with roughly 318 kg cut from its curb weight.

The smaller size allowed for the introduction of a new four-cylinder base engine. The 2.5-litre delivers punch when called upon. It's also the more efficient of the two engine options. For those in need of additional output, the Acadia returns with an available 3.6-litre V6. The engine serves plenty of power — especially for those looking to strap a trailer to the back. The Acadia is rated to tow 1,814 kg with the larger of the engines under the hood.

While front-wheel drive is standard on virtually all trim lev-

els, it's likely most new Acadias will put power to all four. This new version of the Acadia offers two ways to do so. While a run-of-the-mill all-wheel-drive system is standard fare and features a disconnect feature to maximize fuel efficiency, the available All Terrain package adds a twin-clutch setup that features proper torque-vectoring capability.

The drivetrain system will feel familiar to anyone who has driven a GM crossover or SUV recently. Throttle response is smooth and sharp with the V6, while the suspension and steering setups are smooth and supple. Adaptive dampers are available on Acadia Denali models for increased road comfort, though not necessary.

Step inside and the Acadia can be served up six ways to Sunday ranging from affordable to overpriced. Base versions with the four-cylinder engine sending power to the front wheels start at \$35,095, while the top-of-the-line Denali starts at \$54,895. Adding options can quickly push the price above \$58,000 — enough to cover the cost of a Cadillac XT5.

Regardless of which end of the price spectrum, the Acadia's interior features a fresh and modern layout and comes fairly well equipped. Apple CarPlay and Android Auto are standard, as is a built-in 4G LTE Wi-Fi hotspot.

Despite its size, the 2017 GMC Acadia is still available with three rows of seating — though that doesn't mean anyone old enough to drive would want to occupy all three of them. Likewise, cargo room behind third row is almost not worth mentioning. From oversized to right-sized, the Acadia makes the most of its dimensions, fitting family life just fine.

THE CHECKLIST | 2017 GMC ACADIA

THE BASICS

Engine: 2.5-litre four-cylinder; 3.6L V6
Output: 193 horsepower, 188 pound-feet of torque; 310 hp, 271 lb-ft
Transmission: 8-speed automatic
Fuel Economy (l/100 km): 11 city, 9.2 highway; 13.3 city, 9.5 hwy (AWD)
Price: Starts at \$35,095



LOVE IT

- Smaller dimensions
- Available torque-vectoring all-wheel drive

LEAVE IT

- Cost climbs quickly
- Little cargo room behind third row

POLITICS

GM's Venezuela plant illegally seized by government officials

Sam McEachern
AutoGuide.com

General Motors says its sole plant in Venezuela has been illegally seized by government authorities, forcing it to halt its operations in the region until further notice.

GM's Venezuelan subsidiary, General Motors Venezolana, has operated in the country for nearly 70 years and employs nearly 2,700 workers there. The automaker said its Venezuelan

workers will be given "separation payments" as it looks to exit the politically tumultuous country.

"Yesterday, GMV's (General Motors Venezuela) plant was unexpectedly taken by the public authorities, preventing normal operations," a statement released by the automaker said. "In addition, other assets of the company, such as vehicles, have been illegally taken from its facilities."

Former Venezuelan president Hugo Chavez, who took office in 1999, saw the state take over

much of the country's industries, including its hugely profitable oil reserves and telecommunications and energy sectors. 2016 marked its third straight year of recession and the unemployment rate is set to swell past 25 per cent in 2017. There's also reports of widespread food shortages and extremely poor access to healthcare.

GM is far from the first major corporation to bail out of its Venezuelan operations. Exxon-Mobil exited the country in 2007 after Chavez tried to put one of its projects under state

control and in 2014 cleaning product company Clorox was forced out after government officials took over one of its plants. Additionally, Coca-Cola was forced to put a pause on beverage production in the country last year due to a sugar shortage.

It's not immediately clear why Venezuelan officials felt the need to take over GM's plant or how this may affect the automaker in surrounding South American markets such as Brazil, Colombia and Argentina.



GM's seizure comes as Venezuela's opposition looks to keep up pressure on President Nicolas Maduro. THE ASSOCIATED PRESS

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PROJECT

Toyota's zero emission truck going to work in Los Angeles

Stephen Elmer
AutoGuide.com



Toyota is pushing into the future of trucking with Project Portal, a hydrogen fuel-cell system designed to power big rigs.

The concept, which uses only hydrogen for fuel and produces zero emissions, is destined for a feasibility study to help understand how fuel-cell power works with heavy loads. It will be put to work by the Port of Los Angeles for short, local hauling jobs.

Toyota says that truck makes 670 horsepower and 1,325 pound-feet of torque. A 12kWh battery is in charge of storing energy, while the driving range is estimated to be about 325



The Project Portal Class 8 concept truck is based on fuel cell technology Toyota developed for its Mirai sedan. HANDOUT

kilometres on a single tank of hydrogen, under normal hauling conditions. Gross combined weight capacity for the truck is pegged at 80,000 lbs.

The Port of Los Angeles is hoping to significantly reduce its emissions with the trucks while the California Air Resources Board (CARB) is paying close attention as it also looks for ways to make big trucks more efficient.

"CARB will be following the

progress of this feasibility study with interest, as we look to develop the best mix of regulations and incentives to rapidly expand the market for the cleanest, most efficient big trucks to meet the need for dramatic change in the freight sector," said CARB chair Mary D. Nichols.

Toyota is also working to bring more hydrogen fuelling stations online to make it a more viable everyday option.

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IN BRIEF

Rockets roll Thunder out of the playoffs

James Harden had 34 points and his supporting cast helped the Houston Rockets overcome a 47-point game by Russell Westbrook to get a 105-99 victory over the Oklahoma City Thunder on Tuesday night to advance to the Western Conference semifinals.

The Thunder head home a year after advancing to the Western Conference final after Houston took this series 4-1.

Westbrook had 11 rebounds and nine assists to come just shy of his fourth straight triple-double in this series.

THE ASSOCIATED PRESS

Green set to be named new Canucks coach

The Vancouver Canucks are expected to name Travis Green their new head coach Wednesday.

The Canucks say they will introduce their new coach at a news conference.

Green spent four seasons as the head coach of Vancouver's AHL affiliate in Utica, N.Y., leading the club to the 2015 Calder Cup final. THE CANADIAN PRESS



Travis Green
THE CANADIAN PRESS FILE

Game 6 curse looms large

RAPTORS
LEAD SERIES 3-2

Toronto looks to buck trend of past failures

It is a road well travelled by the Toronto Raptors, a long pock-marked journey through Indianapolis and Miami that started years and years ago in Brooklyn, and if they are not aware of the speed traps and potholes and dangerous twists and turns, well, shame on them.

Each time they have failed to negotiate the trip without metal-bending and glass-shattering accidents and given another opportunity in another city and another year, they vow to be more aware.

To use an old DeMar DeRozan metaphor, they figure they can travel in the comfort of a 2016 Lexus because they know what it's like to start up an old, beaten-up Buick Regal.

"If we don't understand it now, we're never going to understand it," was how DeMarre Carroll so correctly put it Tuesday afternoon.

Three times this group of Raptors has been presented with the opportunity to close out an NBA playoff series in six games with a road win. Three times they have failed.

Maybe you can understand them being a bunch of kids losing to a Brooklyn Nets team dotted with Hall-of-Famers in 2014, but the spit-up jobs they pulled in both Indiana and Miami last



Serge Ibaka and the Raptors came out guns blazing against the Bucks on Monday night. History will be against them, however, on Thursday. NATHAN DENETTE/THE CANADIAN PRESS

spring were shocking examples of not seizing the moment.

Not only did they lose to create the pressure of a Game 7, both times they were blown out, barely competitive in games that would have made things far easier for them in the long run.

So it's all well and good that they talk about Game 6 in Milwaukee on Thursday night as the time they finally make a stand and take care of business, but hearing the chatter and feeling dubious about it is only human nature.

It's almost at the point where the players are as tired saying it as people are weary of hearing it.

"We have great fans, we get all excited after a win in the playoffs and we let our guards down after."

Dwane Casey

"It's something that is in our minds, going on the road and understanding how they may feel and we've got to go out there and really treat it like a Game 7," DeRozan said. "I hate to keep saying that over and over again but that is the only way we can treat it because that is how they are going to treat it."

It is in some way understandable that a team that's been so mercurial as this one, a team that plays its best when it's collective backs are against the wall, should ease off a bit when it ap-

+ GAME BY GAME



- Game 1 Bucks 97, Raptors 83
- Game 2 Raptors 106, Bucks 100
- Game 3 Bucks 104, Raptors 77
- Game 4 Raptors 87, Bucks 76
- Game 5 Raptors 118, Bucks 93
- Game 6 in Milwaukee Thursday, TBD
- Game 7 in Toronto* Saturday, TBD

*IF NECESSARY

pears most comfortable.

That's just a fight against human nature and this collective and one that's hard to break.

But know this: the Raptors do not want to face a group of young, talented kids playing a Game 7 with house money when the pressure will be on the Raptors like seldom before.

"I feel like last year it was all new to us," Carroll said of the Game 7s with the Pacers and Heat brought on by Game 6 failures. "This year, we know, and we've got a lot of guys who are back and who understand that we don't want to go to Game 7, we don't want that pressure. Especially with this Milwaukee team, who knows how they come out and play, so we've got to take care of them when we go to Milwaukee." TORSTAR NEWS SERVICE

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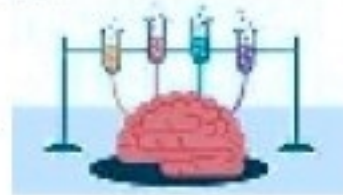
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IN BRIEF

Pole vaulter Barber comes out with Facebook post

World champion pole vaulter Shawn Barber turned to social media Monday to announce that he's gay. "Gay and proud!" Barber wrote in an early morning Facebook post.

The post was confirmed as legitimate by his agent, who said the 22-year-old Barber didn't want to speak further about it at this time.

Barber, the long-time Canadian record holder and reigning world champion, had a series of difficult 2016 Rio Olympics where he finished a disappointing 10th. **TORSTAR NEWS SERVICE**

Pekka's peak is timely one

NHL PLAYOFFS

Preds' goalie on fire in post season as Allen and Blues await

No goaltender has played better this post-season than Pekka Rinne of the Nashville Predators, though Jake Allen of the St. Louis Blues came closest in the first round.

Now their teammates have to figure out how to score on these two stingy goalies if they want to advance to the Western Conference finals.

"We have to try to solve Jake Allen and make life difficult for him," Rinne said. "It comes down to me trying to maintain and try to be at my best. At the same time, of course, you're going to look at the other side of the rink and the guy who you play against, you try to outplay him."

Rinne allowed only three goals on 126 shots faced in helping Nashville to its first post-season

sweep in franchise history. He shut out top-seeded Chicago twice on the Blackhawks' own ice, becoming just the fourth goalie to win four post-season games with a goals-against average of 0.70 or less.

When the Blues open their conference semifinal Wednesday night in St. Louis, they hope to take advantage of some inside information to solve Rinne. Carter Hutton backed up Rinne the past three seasons in Nashville, and the two remain close friends. That friendship is about to take a timeout for the duration of this series.

"He's one of those guys that he's a streaky goalie at the same time, so I think we have to do a good job of getting traffic and getting in there," Hutton said. "But it's going to be a battle of the goalies. We've got two of the best going at it here."

Allen ranks just behind Rinne this post-season with a 1.47 goals-against average and .956 save percentage in leading the Blues over Minnesota in five games in the first round. **THE ASSOCIATED PRESS**

3

Pekka Rinne of Nashville allowed only 3 goals from 126 shots during the Predators' series sweep versus Chicago.



Pekka Rinne's form has given Nashville belief. **GETTY IMAGES**

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IN BRIEF

Cubs Hendricks rounds into form in Pittsburgh

Kyle Hendricks rediscovered his 2016 form, limiting the Pittsburgh Pirates to four hits over six innings to outduel Gerrit Cole and lead the Chicago Cubs to a 1-0 win on Tuesday night.

Hendricks became the first Cubs pitcher in nearly 80 years to lead the majors in ERA last year (2.13) but entered at 6.19 after three lacklustre starts.

THE ASSOCIATED PRESS

Earnhardt calling it quits at season's end

Dale Earnhardt Jr. abruptly announced his retirement at the end of the season Tuesday.

Colourful, candid and talented, Earnhardt has been plagued by concussions the last several years and he missed half of last season recovering from the latest head injury.

He has 26 career Cup victories, and that includes a pair of wins in the Daytona 500. **THE ASSOCIATED PRESS**

MAKE IT TONIGHT

Novel Pepperoni Pizza Grilled Cheese



PHOTO: MARY VISENTE

Ceri Marsh & Laura Keogh
For Metro Canada

This dish is a mashup of everyone's favorite Friday night supper with the all-time best lunch.

Ready in 12 minutes

Prep time: 6 minutes
Cook time: 6 minutes
Serves 2

Ingredients

- 4 slices of sourdough or wholegrain bread
- 2 tsp garlic butter
- 1/2 cup ricotta cheese
- 4 basil leaves, torn into small pieces
- 2 slices mozzarella cheese
- 2 slices fontina cheese
- Extra Virgin Olive Oil

Directions

1. Preheat a skillet over medium heat with a drizzle of olive oil.
2. Butter one side of each slice of bread. Place pieces of bread butter side down on a clean surface or cutting board.
3. In a small bowl, mix ricotta with basil pieces. Spread one slice of bread with about a tablespoon of ricotta. Place one slice of mozzarella on ricotta cheese.
4. Lay a slice of fontina on other slice of bread. Close sandwich and place in skillet.
5. Grill until lightly browned and then flip over; continue grilling until cheese is melted and gooey.

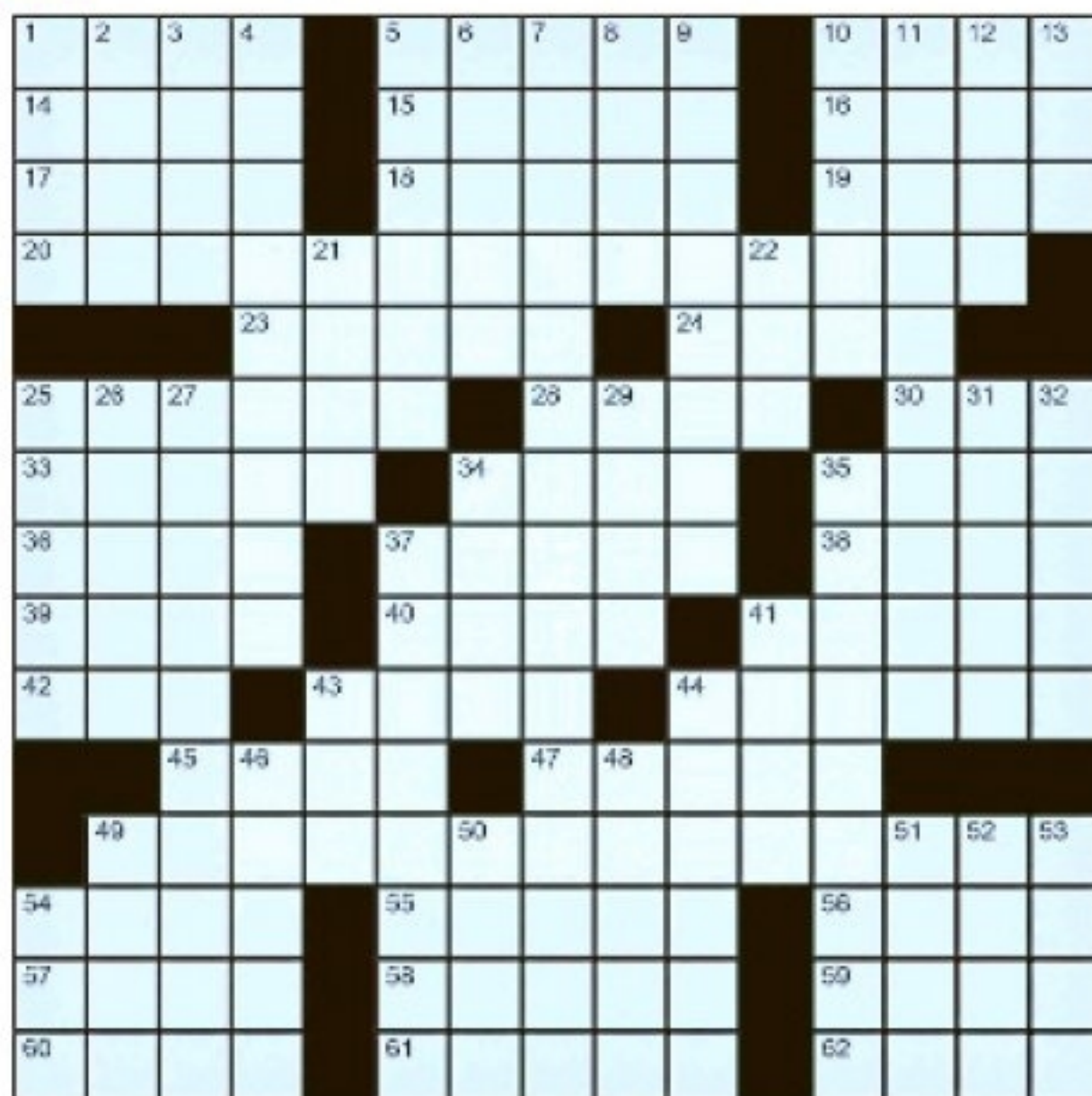
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Dapper shoe covering
5. James T. Kirk, et al.
10. Fast web connections
14. Fantastic, for short
15. Martin's first wife in Sinclair Lewis' 1925 novel *Arrowsmith*
16. Dueling sword
17. 'Diet' suffix
18. Toy company
19. 'I'm Yours' singer Jason
20. 1969 Guess Who album featuring the classic "These Eyes": 2 wds.
23. Remote, when used to lower volume
24. Financial-related, briefly
25. Army academy attendees
28. Andy Capp's wife's
30. Mesozoic _
33. Whiskers
34. Plaintiff
35. UK honours, commonly
36. Astronomy bear
37. Worked with hay
38. It means 'Seven'
39. Rock's 'rug'
40. _ deer
41. Last word in #11-Down's answer ...en francais
42. _-Cone (Toy-made treat)
43. Gladiator's 141
44. Boonies seats area: 2 wds.
45. Caveman's weapon



47. Grammy Awards org.
49. Toronto and Vancouver are two in Canada aka 'Hollywood North': 2 wds.
54. "Bye!"
55. Ms. Shaye Smith (Pierce Brosnan's wife)

56. Nautically hoisted
57. Bohemian
58. #6-Down's variant spelling
59. Ear-related
60. Origin
61. One sending a ship distress signal, say
62. When new cal-

endars come out, for short

DOWN

1. Duck variety
2. Toronto's underground shopping network
3. Singer/songwriter, India, _

4. New anchors look into them: 2 wds.
5. Montgomery of "The Heiress" (1949), and surnamesakes
6. Hawk's nest
7. Celine Dion, and others who can belt out tunes like she can: 2 wds.

8. Set of three, in literature, wee-ly
9. Standard Time: Scottish-born Canadian, Sir _ Fleming (b.1827 - d.1915)
10. Garage band's CDs
11. Evergreen drink: 2 wds.
12. Sharon of "Boston Public"
13. Speaks, slang-style
21. "Tsk!" and "Tsk!"
22. " _-boom-bah!"
25. Pals
26. Mr. Eckhart
27. Separate
29. Soup vegetable
31. Artwork like the original, informally
32. In _ (Brooding)
34. "Better Call _" ("Breaking Bad" spin-off)
35. Nabisco cookies brand!: 2 wds.
37. Transports in a 'dirt' race, commonly: 2 wds.
41. "Back in the U.S.S.R." flyer
43. Magna _ laude
44. Movie star Verne
46. Architect, Frank _ Wright
48. "Kate & _" ('80s sitcom)
49. Campsite warmer
50. Single-named singer
51. Tolkien's li'l masterpiece
52. Super mean
53. US _ of State
54. ' _ _ in Calgary

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today's New Moon creates the perfect day for thinking about your earnings and how well you handle your finances. Do you take care of what you own?

Taurus April 21 - May 21
The only New Moon in your sign all year is taking place today. Take a realistic look in the mirror and ask yourself how you can improve your appearance. Try it.

Gemini May 22 - June 21
You might prefer to hide from others today, because you need some R & R and privacy. It's important to respect your needs.

Cancer June 22 - July 23
A conversation with a female acquaintance will be intense today. You will discover whether you share the same goals.

Leo July 24 - Aug. 23
You are high-viz today. People notice you, especially people in power. Keep this in mind so you can create a good impression.

Virgo Aug. 24 - Sept. 23
Today you want to do something different! You want to experience more of life. You want adventure and a chance to travel. (Go somewhere you've never been before.)

Libra Sept. 24 - Oct. 23
You are a people-pleaser. However, it's important to know that the most important person to please is yourself. Once you respect your own needs, it's easier to respect the needs of others.

Scorpio Oct. 24 - Nov. 22
This might be the best day of the year to ask yourself what you can do to improve your closest relationships.

Sagittarius Nov. 23 - Dec. 21
What can you do to improve your health? And what can you do to improve your job or the way you do your work? These are the things to ponder today.

Capricorn Dec. 22 - Jan. 20
Look for ways to be playful or to express your creative side. As children, we easily do this, and too soon we forget.

Aquarius Jan. 21 - Feb. 19
A discussion with a parent or an authority figure will be important today. What can you do to improve your home and your family relationships?

Pisces Feb. 20 - March 20
Good communication involves careful listening. This is a good day to ponder your style of communicating with others and whether you are as clear as you can be.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

	1	5				6	7	
4			8		6			9
3			9					5
7			4					3
	6	3				7	9	
5			7					2
8			6					1
6			3		8			7
	2	9				8	3	

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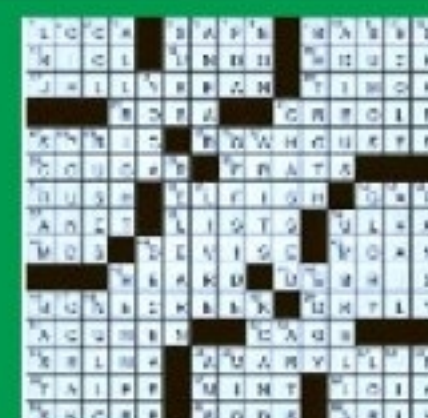
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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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9	5	2	4	7	1	3	6	8
1	6	7	5	3	8	9	4	2
4	8	3	2	6	9	1	7	5
7	1	6	8	5	4	2	3	9
5	4	8	3	9	2	6	1	7
3	2	9	7	1	6	5	8	4
8	9	4	6	2	3	7	5	1
2	3	5	1	4	7	8	9	6
6	7	1	9	8	5	4	2	3

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